

Even
small
Victories
Are
VICTORIES



I
Am
Enough
♡



I Am
For
progress
NOT
perfection



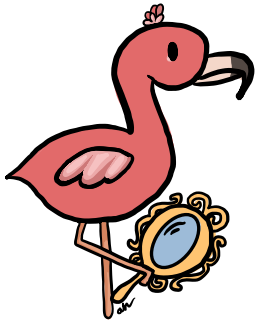
Your Weight
≠
Your Worth



You Are
You!
There is NO
Measure For A
Delightful Thing
Like That.

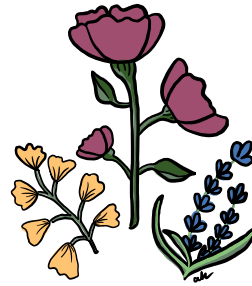


You
Gotta
NOURISH
So You
Can
FLOURISH

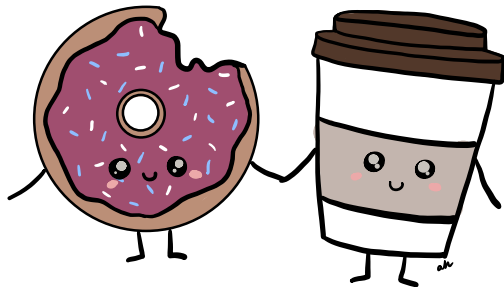


Just Incase The
Mirror Lied
To You Today...
REMEMBER

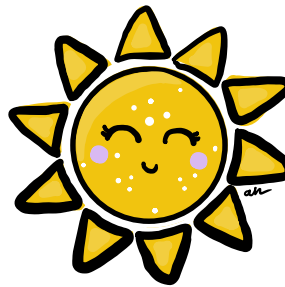
1. You Are beautiful
2. You Are loved
3. You will make it



Transforming
Our
WORLD
Starts With
Transforming
Our
WORDS



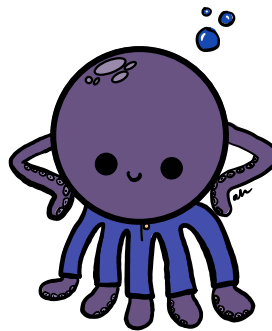
I Deserve To Recover



Your
Body Is
God's
Temple!



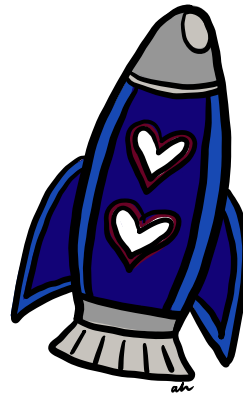
Not Today
Satan...
**NOT
TODAY!**



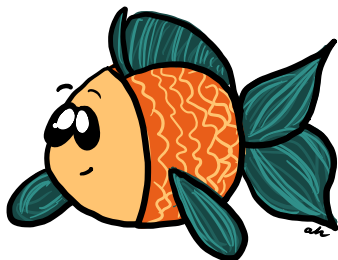
Clothes Are
Made To Fit
≠ Your Body...
You Were NOT
Made To Fit
The Clothes



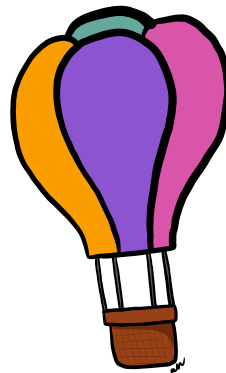
Be Yourself
An
ORIGINAL
Is Of Far
More Value
Than
A Copy



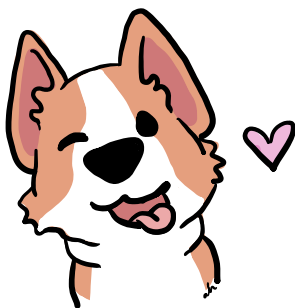
Courage
Is Not Having
The Strength
To Go On; It's
Going On
When You Do
Not Have The
Strength.



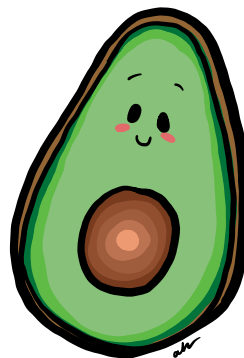
Scales
Are For
fish



God Is
Greater Than:
• my fears
• my insecurity
• my worries
• my
Everything



I Am
Loved
And My
Life Has
purposes



I Am
STRONGER
Than I
Feel!



You Can't Live A
FULL Life On An
Empty **STOMACH**



Happiness
Is **NOT** Size
& specific

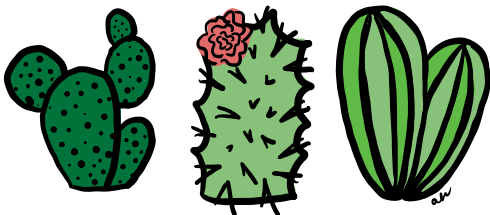


Don't Let
What
Other People
Think
Decide Who
YOU ARE

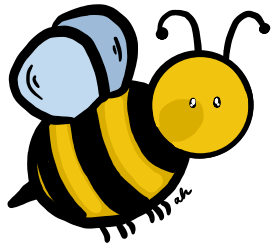


Your
ED Is The
LEAST
Interesting
Thing About
You!

All Bodies Are
GOOD BODIES!



I Am
Worthy
Because
God
Says So



Take
Each Day
·ONE·
Step At
A Time